

Regulations of the Internship Centre
organized by the Centrum Medyczne Gizińscy (CMG) in Bydgoszcz
accredited by the Scientific Section of Psychotherapy of the Polish Psychiatric Association

1. The center operates in accordance with the decision of September 11, 2014 of the Management Boards: Scientific Section of Psychotherapy and Scientific Section of Family Therapy, Polish Psychiatric Association.
2. The center offers an internship for persons training in psychotherapy and preparing for the certification exam at the Polish Psychiatric Association (PTP).
3. The center offers 120 hours of internship recognized for documentation in the certification procedure, in psychiatric day and stationary wards.
4. The CMG Medical Director appoints the interns' patron, whose duties include: qualifying the interns, determining the course of the internship, supervising the proper course of the internship, keeping documentation, making decisions on the completion of the internship.
5. Qualification rules for an internship.
 - a. People who have psychological or medical education and are after the second year of psychotherapeutic training are accepted for the internship; and people with other higher education in the humanities who have completed a full psychotherapy course. Trainees are absolutely required to participate in psychotherapeutic training organized in training centers accredited by PTP.
 - b. Candidates contact the patron who qualifies for the internship, sets the dates of the internship and the formula of its course. The patron confirms these findings on the application that the candidate submits to the President of CMG. Required documents attached to the application: university diploma, certificate confirming the completion of min. 2nd year of psychotherapeutic training or certificate of completion of such training, description of previous psychotherapeutic experience.
 - c. The internship begins on the date agreed with the patron after signing the contract with CMG.
6. Internship rules
 - a. The monthly mode of implementing the 120-hour internship requires daily participation in therapeutic activities within the day ward and includes:
 - ✓ observation of a group psychotherapeutic process conducted by a certified PTP psychotherapist,
 - ✓ participation in meetings concerning the analysis of the observed process,
 - ✓ participation in clinical team meetings,
 - ✓ conducting/co-conducting psychoeducational and relaxation classes once a week,
 - ✓ co-conducting art therapy classes - the number to be agreed with the patron,
 - ✓ participation in the process of psychotherapeutic diagnosis and assessment of treatment results,
 - ✓ participation in supervisory team meetings - once a month.

- b. The 3-month mode of implementing a 120-hour internship requires the participation of min. 2 times a week in therapeutic activities within the day ward and includes:
 - ✓ conducting individual psychotherapy of patients under the supervision of a certified psychotherapist, supervisor,
 - ✓ participation in clinical team meetings,
 - ✓ conducting/co-conducting psychoeducational and relaxation classes - the number to be agreed with the patron,
 - ✓ co-conducting art therapy classes - the number to be agreed with the patron,
 - ✓ participation in the process of psychotherapeutic diagnosis and assessment of treatment results,
 - ✓ participation in supervisory team meetings - once a month.
7. At the end of the internship, the center issues an appropriate certificate.